



ANTI-DOPING COMMISSION – Bulletin No.002-2020 / B-ACODEPA

REPORT OF ANTI-DOPING ACTIVITIES DURING THE SECOND AND THIRD QUARTER 2020

1. PURPOSE

The purpose of this report is to report on Anti-Doping Activities carried out during the Second and Third Quarters of this year, considering the difficult situation caused by the COVID19 pandemic.

2. BACKGROUND

2.1. In January the first coronavirus patient was reported in the United States, in February cases were reported in Brazil and by March there were confirmed cases throughout the Americas, forcing governments to take mandatory and/or voluntary traffic control and population confinement measures in order to control the transmission of the virus.

2.2. These measures impacted all countries' activities, including federated sports activities, the suspension of national and international competitions, the suspension of training, and the suspension of doping controls during periods of confinement.

3. ANALYSIS

3.1. The Anti-Doping Programs are developed to be able to fight doping in sport, all the programs consist basically of:

- Anti-Doping Education Plan
- Test Distribution Plan
- Results Management Process

3.2. Educational Activities are the most important pillar within Anti-Doping Programs, being the only activity capable of generating changes in behavior, strengthening values and ethics in athletes and athlete support personnel,



reducing the risk of unintentional doping and reporting serious health consequences to the athlete.

- 3.3.** During the second quarter, containment periods mainly affected sports training and doping control processes, significantly reducing the number of samples planned by national and international Anti-Doping Organizations.
- 3.4.** Many National Sports Federations adapted to home training with video conference tracking, this monitoring system allowed Federations to remain in contact with their athletes and provided an opportunity for Anti-Doping Organizations to conduct virtual educational activities to a mass audience, taking advantage of periods of confinement and technological access in many countries.
- 3.5.** During the third quarter, many governments decided to reactivate economic activities, including sports activities, respecting the recommendations of the World Health Organization, National Health Regulations and those of International Sports Organizations.

4. RESULTS

- 4.1.** The Anti-Doping Commission of ACODEPA actively participated in its advisory role to the various national and international Anti-Doping Organizations, favoring athletes, athlete support personnel and members of Anti-Doping Organizations.
- 4.2.** All the members of the Anti-Doping Commission were speakers at multiple training sessions in the region with an outreach of over 2300 beneficiaries, below are some of the events in which they participated:

ORGANISATION	EVENT	DATE	PARTICIPANTS
CENTRAL AMERICAN AND CARIBBEAN SPORTS ORGANIZATION - ODECABE CACSO	ODECABE Virtual Symposium ´ Current Events in the Fight against Doping´	22 May 2020	560
SPORT MEDICINE ARGENTINE FEDERATION	Sport in the age of COVID19, present and future	27 May 2020	125
DOMINICAN FEDERATION OF SPORTS MEDICINE	Prevention in Sport 2020	13 June 2020	96



BRAZILIAN AGENCY FOR DOPING CONTROL - ABCD	II Brazilian Anti-Doping Seminar: 'Importance of the Biological Passport in Time of Pandemic'	24, 25 y 26 June 2020	280
PAN AMERICAN WEIGHTLIFTING FEDERATION	Anti-Doping Seminar	27 June and 03 July 2020.	155
SOUTH AMERICAN FOOTBALL CONFEDERATION - CONMEBOL	Virtual Training: 'Use of the ADAMS System'	24 and 26 June, 01 and 03 July 2020	137
PERUVIAN SOCIETY OF SPORTS MEDICINE - SOPEMED	Web Seminar: Theme 'Therapeutic Use Exemption'	01 July 2020	119
TAEKWONDO ECUADORIAN FEDERATION	International Seminar on Applied Sports Medicine	01,02, 03 July 2020	98
DOMINICAN FEDERATION OF SPORTS MEDICINE	International Virtual Congress 'News in Medicine and Sports Sciences - AUT: What the doctor should know'	10 - 11 July 2020	145
PARAGUAYAN PARALYMPIC COMMITTEE - ONAD PARAGUAY	Anti-Doping Seminar: Theme 'Prohibited List, Health Effects, Contamination of Supplements, Therapeutic Use Exemption'	21 July 2020	75
PANAMANIAN OLYMPIC COMMITTEE	DIPLOMA IN SPORTS SCIENCE	August and September 2020	126
ORGANIZING COMMITTEE OF THE BOLIVARIAN SPORTS GAMES OF SUCRE YOUTH 2021	Bolivarian Connection	13 - 29 August 2020	237
DOMINICAN OLYMPIC COMMITTEE	International Seminar on Sports Nutrition	12 September 2020	260
REGIONAL ANTI-DOPING ORGANIZATION OF SOUTH AMERICA	Anti-Doping Webinar: Whereabouts of the Athlete	28 September to 26 October 2020	36

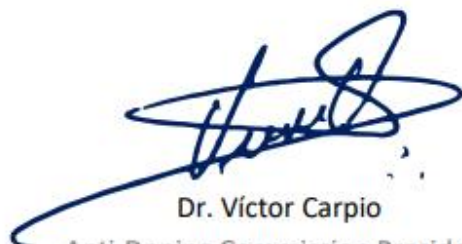


5. CONCLUSIONS AND RECOMMENDATIONS

- 5.1. Technological tools are a great opportunity for Anti-Doping Organizations to improve their education plans.
- 5.2. The members of the Anti-Doping Commission actively participated in multiple educational sessions in the region.
- 5.3. The member Confederations of ACODEPA should be encouraged to motivate their national federations to carry out educational activities in coordination with the International Federations and the National Anti-Doping Organizations.
- 5.4. The member Confederations of ACODEPA should be recommended to promote out-of-competition and in-competition doping controls (where health conditions permit), both face-to-face and virtual, in coordination with International Federations and National Anti-Doping Organizations.

This is all we have to inform for the purposes it deems appropriate.

Yours sincerely,



Dr. Víctor Carpio
Anti-Doping Commission President



Dr. Milton Pinedo Soriano
Anti-Doping Commission Secretary



Dr. Andres Gonzales Gutierrez
Anti-Doping Commission Vocal

Date: 28 October 2020