



ANTI-DOPING COMMISSION

- Bulletin No. 001 -

2020/B-ACODEPA

RECOMMENDATIONS OF THE ACODEPA DOPING COMMISSION FOR COVID-19

INTRODUCTION

Since December 2019, the world has been undergoing dramatic changes from the pandemic caused by coronavirus - SARSCoV2. Many countries ordered compulsory social isolation measures (quarantine) because of the serious circumstances affecting our lives as a result of the COVID-19 outbreak. In these circumstances, the ACODEPA Anti-Doping Commission makes recommendations in accordance with health authorities and the World Anti-Doping Agency.

OBJETIVES

- To prioritize the health protection of the athletes and sports support staff.
- To contribute to the achievement of the objectives of minimizing the spread of COVID-19.
- To strength doping prevention, control and repression actions to ensure clean sport.



RECOMMENDATIONS TO BE CONSIDER IN THE FOLLOWING ACTIVITIES

DOPING CONTROLS

The objective is to cooperate with the guidelines for the implementation of doping controls in the context of the COVID-19 pandemic, reinforcing the health care measures.

- The anti-doping programmes of the International Federations and national organizations should adopt the country's national and global sanitary recommendations.
- These anti-doping programmes may implement biosecurity protocols during the COVID-19 pandemic period.
- Partial modification of the anti-doping control sample collection process.
- Strengthening good health practices such as:
 - To wash hands with soap and water before and after the sample collection.
 - To keep the mandatory social distance (2 metres)
 - Permanent use of physical protective barriers (beards, gloves, hair tights, protective lenses)
 - To use disinfectant solutions on hands and surfaces.
- To develop a specific procedure in case of refusal of COVID-19 test, which allows the anti-doping control officer to:
 - Inform the athlete the potential consequences of a refusal to comply with the duty of subjecting to a doping control.
 - Collect all the relevant information related to the justification of the athlete and additional information that the athlete wishes to declare.
 - Ensure the confidentiality of information related to the data and personal information of the athlete, which will only be used in the anti-doping activity.
- To develop a written procedure to allow the anti-doping control officer assess on the ground about if the minimum conditions of indicated measures, health, hygiene, social estrangement are guaranteed, and the procedure to be followed in case that they are not.

LOCATION

The objective is to strengthen the necessary actions around location information in the context of the COVID-19 pandemic, as a key tool for the implementation of more effective anti-doping controls.



- Possibility of modification of registered international/national control groups period 2020.
- Greater detail in the declaration of the addresses and references of the declared location.
- To inform the anti-doping authority (organization responsible for the Registered Control Group), if you have COVID-19 or if you have been in contact with a person with COVID-19, and must be in mandatory quarantine.
- Under no circumstances an athlete can fail on the compliance.

EDUCATION

The aim is to encourage the development of distance learning programmes on anti-doping matters for the sport community.

- As long as there are no guarantees to prevent contagion, suspension of all types of face-to-face activity during the year 2020.
- To develop educational materials, including recommendations for healthy practices and environments.
- To organize short training sessions across virtual platforms.
- To encourage the use of ADeL of AMA (<https://adel.wada-ama.org/>)

THERAPEUTIC USE AUTHORIZATIONS

The objective is to promote the appropriate mechanisms for access and request for authorizations for therapeutic use to ensure that athletes receive the best medical treatment.

- To develop new therapies to combat COVID-19.
- Use of medicines listed as prohibited in the sport.
- Impossibility to report in advanced the treatments received due to severity of the disease.

All efforts to combat the virus and new treatments in the future aim to improve the health conditions of the population, it is a priority that athletes always receive the best possible medical treatment and in the fastest way, no athlete should reject or postpone treatment due to doping regulations.

RESULTS MANAGEMENT

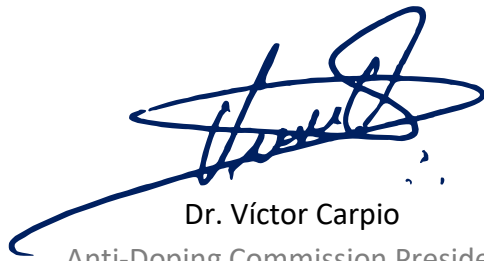
The objective is to incentivize the use of appropriate mechanisms for the development of results management processes to ensure a fair trial and the opportunity to replicate athletes or sport support staff.

- Exclusive development of virtual audiences throughout the pandemic period.



- Impossibility to witness the opening of sample B by closing borders.

Athletes or sport support staff who are under results management should adapt all efforts to minimize the risk of contagion, without affecting their right to defence, always in coordination with the results management authority.



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